

### PRE-OPERATIVE INTRAVENOUS SEDATION INSTRUCTIONS

1. To reduce the chance of nausea, do not eat or drink anything (including water) for at least 6 hours prior to your appointment.
  - \* If your appointment is in the morning, do not eat or drink anything between bedtime and your scheduled appointment.
  - \* If your surgery is in the afternoon, a light breakfast before 7:00am is encouraged.
  - \* Unless specified by you Dentist, all medications taken on a routine basis should be continued without interruption. Please swallow with a minimal amount of water.
2. A responsible adult, over 18 years of age, must accompany you to the office and remain here throughout the entire procedure. Following the sedation, this adult must escort the patient home.
3. A parent or legal guardian must accompany minors.
4. For intravenous sedation, patients should wear clothing that is not restricting to the neck or arms. Patients should wear loose fitting tops in which the sleeves can be rolled to the shoulder.
5. Contact lenses must be removed prior to sedation.
6. Following the sedation, patients should refrain from driving an automobile or engaging in any activity that requires alertness for the next 24 hours.

Failure to follow any of these instructions will result in the cancellation of the sedation appointment.

**Our office requires a 48 hour notification on cancellation prior to your scheduled appointment. Failure to provide this notification will result in a \$75.00 per hour fee for the length of your scheduled appointment (the length of IV sedation is typically 3 hours).**

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_